



APRIL 2018

**Jasper County Elderly
Nutrition**
2401 First Ave E.
Newton, Iowa 50208
641-792-7102
1-866-942-7102



Providing Congregate and Home Delivered Meals in Jasper County

Senior Farmers Market Nutrition Program

SIGN UP BETWEEN TUESDAY, APRIL 10 – WEDNESDAY, MAY 9

WHAT IS THE SENIOR FARMERS MARKET NUTRITION PROGRAM?

The Senior Farmers Market Nutrition Program (SFMNP) provides low-income older adults with checks that can be exchanged for eligible foods at farmers' markets and roadside stands. In central Iowa, the SFMNP is administered by the Iowa Department of Agriculture & Land Stewardship in cooperation with Aging Resources of Central Iowa.

WHAT IS THE PURPOSE OF THE PROGRAM?

The purpose of the program is to provide fresh, nutritious, unprepared, locally grown fruits, vegetables, herbs, and honey from farmers' markets and roadside stands to low-income older adults and to increase the consumption of agricultural commodities.

WHO IS ELIGIBLE FOR SFMNP BENEFITS?

A person must meet age and income requirements and complete an application to receive SFMNP benefits. Eligible participants must:

- Be 60 years of age or older at the time of application
- Live in the service area of Aging Resources of Central Iowa (Boone, Dallas, Jasper, Madison, Marion, Polk, Story, or Warren County)
- Have a yearly income less than \$22,459 for single person and \$30,451 for a married couple

HOW DOES IT WORK?

Each eligible older adult receives 10 - \$3 checks, or \$30 in benefits. The checks can be used to purchase fresh, nutritious, unprepared fruits, vegetables, herbs, and honey. Each person can receive SFMNP once per year. Checks can be used between June 1st and October 31st.

HOW DO I APPLY IN JASPER COUNTY?

Colfax Senior Center (1 E. Howard St. Colfax) from 11 AM-12:00 Noon—M-F
Jasper County Community Center (2401 1st Ave E. Newton) from 1 PM-4 PM—M-F
Monroe City Hall (206 W Sherman Monroe) from 11 AM-12:30 PM—M-F