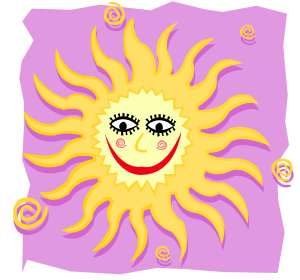


Jasper County Elderly Nutrition
2401 First Ave E.
Newton, Iowa 50208
641-792-7102
Toll Free: 866-942-7102



AUGUST 2019

Providing Congregate and Home Delivered Meals in Jasper County

Aging Resources of Central Iowa's Information & Assistance

Do you need help and don't know where to turn?

Call Aging Resources of Central Iowa's Information and Assistance Program for free information on community services. You will speak with trained, empathetic Information and Assistance Specialists who will assess your needs, answer questions, explain what programs are available, and assist you in securing the assistance you need.

Aging Resources of Central Iowa's Information and Assistance Program is a bridge between people who need services and the agencies furnishing those services. Accurate information, respectfully and courteously conveyed, often means the difference between getting the help needed and feeling lost and powerless.

Studies show that people seeking services call seven to eight numbers before finding the right one, or they give up before getting the help they need. Calling the Aging Resources of Central Iowa's Information and Assistance Program at **(800) 747-5352** or using the free online [LifeLong Links Database](#) can eliminate guessing and misdirected calls.



Updated Consumer Intake forms were sent out in July and were due by July 26. This form is what enables us to provide meals to you for a donation/free instead of charging clients \$6.96 per meal. If you haven't done so, please fill it out ASAP and return it to our office. If you need assistance in filling out the form, please call us at 792-7102 and we will be happy to help you.

Kelli Van Manen, Program Director