



Stretch Your Mind and Body

10 a.m. Saturday, November 3rd

Maytag Park

301 South 11th Ave W, Newton, IA

Join JCCB and the YMCA for a morning filled with nature and yoga. JCCB will start the morning with a brief presentation that will lead into a structured yoga class.

Price \$5

Mats will be provided if you do not have one.

To register please call the YMCA @ (641)792-4006



**JASPER COUNTY
CONSERVATION**

1030 W. 2nd St. S.
Newton, IA 50208

Connect with us:

Online: www.jaspercountyconservation.com

Email: conservation@co.jasper.ia.us

Facebook: [@jaspercountyconservation](https://www.facebook.com/jaspercountyconservation)

