

April 2021

Monday	Tuesday	Wednesday	Thursday	Friday
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	TO CANCEL YOUR MEAL, CALL 641-792-7102	MEALS ARE FUNDED BY	Taco Salad	Crispy Fish Fillet
	MEALS WILL NOT BE LEFT IF YOU ARE NOT HOME.	*JASPER COUNTY	Tortilla Chips	Creamy Potatoes
		*AGING RESOURCES	Salsa	Green Beans
		*CLIENT DONATIONS	Fiesta Corn	Apple
		*MEMORIALS	Fruit Cocktail	Cookie
		*FUNDRAISERS	Lemon Dessert	
5	6	7	8	9
Lasagna	Peachy Pork Loin	Chicken Patty on Bun	Meatballs	Egg Salad Sandwich
Mixed Vegetables	Spinach Salad	Lettuce & Onion	Mashed Potatoes & Gravy	Pretzels
Applesauce	Roll	Seasoned Squash	Asparagus	3 Bean Salad
Orange	Pineapple	Fries	Pears	Raisins
Garlic Bread	Chocolate Chip Cookie	Cranberry Fluff Salad	Muffin	Applesauce Bar
12	13	14	15	16
Lemon Fish	Cook's Choice	Swiss Mushroom Steak	Scalloped Potatoes	Broccoli and Cheese Soup
Creamed Potatoes	BLT Pasta Salad	Rice	w/ Turkey Ham	1/2 Tuna Sandwich
Country Trio Vegetables	w/Chicken	Peas	Asparagus	Crackers
Dinner Roll	Carrot Raisin Salad	Strawberries	Banana and Orange Cup	Peaches
Pineapple	Apple	Cookie	Dessert	Berry Crisp
19	20	21	22	23
Beef and Noodles	Beef Patty & Onions	Western Egg Bake	Ham Loaf	Cook's Choice
Whipped Potatoes	Whipped Potatoes	Hashbrowns	Mashed Potatoes	Hot Dog
Peas	Riviera Blend Vegetables	Carrot Crinkles	Broccoli	Baked Beans
Spiced Pears	Dinner Roll	Berry Blend	Strawberries	Pickled Beets
Pudding	Rosy Applesauce	Bran Muffin	Chocolate Cake	Fruit Cocktail
				Cookie
26	27	28	29	30
Fish	Herb Baked Chicken	BBQ Beef on Bun	Chicken Tetrizzini	Deli Turkey Sandwich
Chips	Parmesan Potato	Sweet Potato Fries	Carrots	w/Lettuce and Tomato
Succotash	Tuscan Blend Vegetables	Lettuce Salad	Pears	Three Bean Salad
Dinner Roll	Apricots	Peaches	Bananas in Gelatin	Apricots
Mixed Fruit	Cookie	Dessert		Vanilla Cream Dessert

**Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.

Stephanie Labenz MS, RD, LD
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