

November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Macaroni and Cheese Peas & Carrots Tropical Fruit Vanilla Pudding	CLOSED (extra meals sent out 11/1)	Taco Stew Green Beans Crackers Lemon Cake Banana	Biscuits & Gravy Hardboiled Egg California Vegetables Apricots Muffin	Steak in Brown Gravy Mashed Potatoes w/ Gravy Seasoned Asparagus Pineapple
8	9	10	11	12
Chicken Noodle Soup Spinach Salad Crackers Pears	Hamburger on Bun Lettuce/Onion Hash Brown Square Peas Strawberries	Cook's Choice Chili Dog Tri Tators Corn Apple Cookie	CLOSED (extra meals sent out 11/10)	Breaded Fish Fries Creamy Coleslaw Mandarin Oranges Spice Cake w/ Frosting
15	16	17	18	19
Minestrone Soup Deli Sandwich Crackers Vanilla Fruit Salad	Spaghetti w/ Meat Sauce Lettuce Salad Mixed Berry Cup Cookie Garlic Bread	Roast Turkey Supreme Candied Sweet Potatoes Cranberry Salad Seasoned Green Beans Pumpkin Crunch	Chicken Pot Pie Cauliflower Apricots Dessert	Meatloaf Whipped Potatoes Brussels Sprouts Tropical Fruit
22	23	24	25	26
Dill Salmon Fillet Herbed New Potatoes Broccoli Fruit Cocktail Chocolate Chip Cookie	Broccoli Cheddar Soup 1/2 Tuna Salad Sandwich Carrots Apricots Pudding w/Topping	Scalloped Potatoes w/Turkey Ham Peas Orange Berry Crisp	Thanksgiving 	CLOSED (extra meals sent out 11/24)
29	30	MEALS ARE FUNDED BY		TO CANCEL YOUR MEAL, CALL 641-792-7102. MEALS WILL NOT BE LEFT IF YOU ARE NOT HOME.
Cook's Choice Chicken Noodles Whipped Potatoes Peas & Carrots Strawberries White Cake	Pizza Casserole Lettuce Salad Mixed Berries Fruited Yogurt Garlic Bread	*JASPER COUNTY *AGING RESOURCES *CLIENT DONATIONS *MEDICAID *MEMORIALS *FUNDRAISERS		

**Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.


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