

April 2023

Monday	Tuesday	Wednesday	Thursday	Friday
	To cancel your meal, call 641-792-7102. Meals will not be left if you are not home or have not communicated with us.		MEALS ARE FUNDED BY: *JASPER COUNTY *AGING RESOURCES *CLIENT DONATIONS *ELDERLY WAIVER/MEDICAID *UNITED WAY EFSP FUNDS *MEMORIALS	
3	4	5	6	7
Pork in Gravy w/Garden Rice Spinach Pineapple Dessert	Chicken Patty on Bun Seasoned Squash Tri-Tator Peach Half Pudding	Meatloaf Mashed Potatoes Asparagus Pears Muffin	Cook's Choice Sloppy Joe Mixed Vegetables Applesauce Dessert	Egg Salad Sandwich 3 Bean Salad Mixed Fruit Applesauce Bar
10	11	12	13	14
Cook's Choice Turkey Supreme w/gravy Green Bean Casserole Roll Pineapple Dessert	Santa Fe Chicken Corn Pasta Salad Mandarin Oranges	Mushroom Steak Mashed Potatoes Peas Strawberries Cookie	Scalloped Potatoes w/ Turkey Ham Asparagus Banana Dessert Bar	Broccoli and Cheese Soup 1/2 Tuna Sandwich Crackers Peaches Berry Crisp
17	18	19	20	21
Tortellini Spinach Garlic Bread Spiced Pears	Baked Chicken Whipped Potatoes Riviera Blend Vegetables Roll Rosy Applesauce	Ham Loaf Mashed Potatoes Broccoli Pineapple Cake	Fish Sandwich Green Beans Coleslaw Fruit Cocktail	Egg Bake TriTator Carrots Berry Blend Muffin
24	25	26	27	28
Bell Pepper Soup Corn Crackers Apricots Vanilla Cream Dessert	BBQ Beef on Bun Sweet Potato Tatortots Pasta Salad Peaches Dessert	Chicken Tetrizzini Carrots Pears Gelatin w/Marshmallows	Crispy Fish Potatoes with Onion Succotash Roll Fruit Cup	Pork in Gravy over Potatoes Tuscan Blend Vegetables Apricots Cookie

**Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.

Stephanie Labenz MS, RD, LD
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