
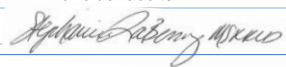


# May 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Hot Roast Beef Sandwich Whipped Potatoes Carrots Orange Apple Crisp	<b>2</b> BBQ Chicken Duchess Potatoes Capri Vegetables Tropical Fruit	<b>3</b> Cook's Choice Pizza Corn Salad Mandarin Oranges Ice Cream	<b>4</b> Fish Potatoes Asparagus Fruit Cocktail in Jell-o Cookie	<b>5</b> Mexican Casserole Fiesta Corn Mexican Rice Seasonal Fruit Cup Churro
<b>8</b> Spanish Rice with Beef Broccoli Spoon Salad Pineapple Dessert	<b>9</b> Turkey Supreme Mashed Potatoes & Gravy Spinach Angel Food Lush w/Strawberries	<b>10</b> Cook's Choice Chicken Salad Roll Cucumber Salad Apple Brownie	<b>11</b> Beef Stew Succotash Biscuit Apricots Fruit Cocktail Cake	<b>12</b> Baked Cod Butter Potato Vegetable Blend Dark Cherries Dessert
<b>15</b> Beef & Broccoli Stir Fry Rice Oriental Vegetables Mandarin Oranges Cookie	<b>16</b> Shrimp Herb Pasta Carrots Garlic Bread Pears Strawberries	<b>17</b> Creamed Chicken Mashed Potatoes w/Gravy Green Beans Peaches Tapioca Pudding	<b>18</b> Calabasa (Pork) Apricots & Cottage Cheese Cauliflower Brownie	<b>19</b> Scalloped Potatoes w/Ham Zucchini & Tomatoes Ambrosia Salad Cherry Crisp
<b>22</b> Pizza Casserole Corn Capri Vegetables Banana	<b>23</b> Rosemary Herb Chicken Baked Squash Peas w/Onions Apricots	<b>24</b> Tuna Sandwich Chips Pickled Beets Tropical Fruit Cookie	<b>25</b> Pork in Gravy Mashed Potatoes Savory Cabbage Peach Yogurt Mandarin Oranges	<b>26</b> Hotdog on Bun Tator Tots Coleslaw Apple Mixed Berry Crisp
<b>29</b>  Memorial Day-CLOSED	<b>30</b> Chicken Broccoli Pasta Green Beans Dark Cherries Roll	<b>31</b> Pot Roast w/Vegetables Mandarin Oranges Apple Raisin Cobbler Dinner Roll	**Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.  Stephanie Labenz MS,RD,LD	To cancel your meal, call 641-792-7102. Meals will not be left if you are not home or have not communicated with us.